



Sabrina Wood, DHA
Strategist/Owner, Compassionate Strategies

MUSC DHA Graduate:
2018

Doctoral Project:
Access to Birthing Centers and
the Barriers to Associated
Health Insurance Policies and
Billing Procedures

Doctoral Project Chair:
Walter Jones, PhD

Dr. Sabrina Wood completed her Doctorate in Health Administration at the Medical University of South Carolina. She pursued her doctorate to achieve a childhood dream of improving women's maternity health and rights. Her research centered around access to birthing centers and the barriers associated with health insurance policies and billing procedures. Her passion to support maternity care providers stems from her desire to ensure that all women have access to maternity care services that support their desired birth experience. She found her passion in this field several years ago when she and her husband began planning to have a baby and ran into obstacles for having the birth plan and experience that they wanted. Her personal passion led her to spend two years researching this topic and surveying experts, American Association of Birthing Center members. Most recently, Dr. Wood launched Compassionate Strategies. Using the skills she acquired from over 10 years of Healthcare Leadership experience, she developed a simple program to re-energize and increase revenue for maternity care providers. She supports maternity care providers by helping them restore their passion for service in this field and design simple executable strategies to increase their company profit.

Why did you pursue a DHA degree?

I pursued a childhood dream that allowed me to establish a foundation to accomplish what I always hoped I would. Since I was 8yrs old, I knew that I wanted to impact maternity care. However, I also knew that I didn't want to become a medical doctor or nurse. I realized that there is a need for practitioners to receive help from business minded, yet compassionate healthcare leaders. Completing my degree allowed me to be that person for providers. I am able to support practices with practical strategies to increase their revenue while providing access to care for low income/no income families. I also support the provider to implement simple strategies to avoid burnout for themselves and their team. I am so grateful for the education that received from MUSC. My education gave me the confidence to pursue my dreams and live with purpose.